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Spring into action with 2D!



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Inspiring Youngsters

to be celebrated at awards
ceremony

www.2d.org.uk

Organisational 'Health Check'

Running a voluntary/community group can be very worthwhile thing to do. But as the group grows, things become more complicated. 2D is the organisation that supports voluntary and community sector groups like yours and we need to know what kind of help and support you need.

Even for people with years of experience, navigating one's way through the voluntary sector can still be a challenge! The nature of voluntary activity is constantly changing from new regulations to improved best practice.

2D provide free information and advice to voluntary and community sector groups on fundamental issues, including:

- how to set up a new group
- appropriate forms of governing documents
- finance, marketing & business planning
- developing policies & procedures
- working to best practice guidelines

2D have compiled a set of questions that are designed to assist you in running your group, to put measures in place where necessary and to tackle any issues before they arise.

The 'Health Check' should take no longer than half an hour and the answers will enable you to identify and prioritise any support needs you may have.

If you think your group could benefit from a 'Health Check' please get in touch with 2D tel: 01388 762220, email: enquiries@2d.org.uk.

Churches launch their own pilgrimage...

The Committee of The Churches' Agency for Regeneration in Wear Valley (CARinWV) have launched a directory of the places of worship in the Wear Valley area of the Durham Dales.

The official launch took place at the Council Chamber in Crook on Wednesday 9th February 2011. Representatives from all the churches in the brochure were invited and the Reverend Ruth Gee, Chairman of the Darlington District of the Methodist Church lead the event.



Photo from left: Kirsty Hill, Mary Tribe, Ruth Gee and John Armstrong.

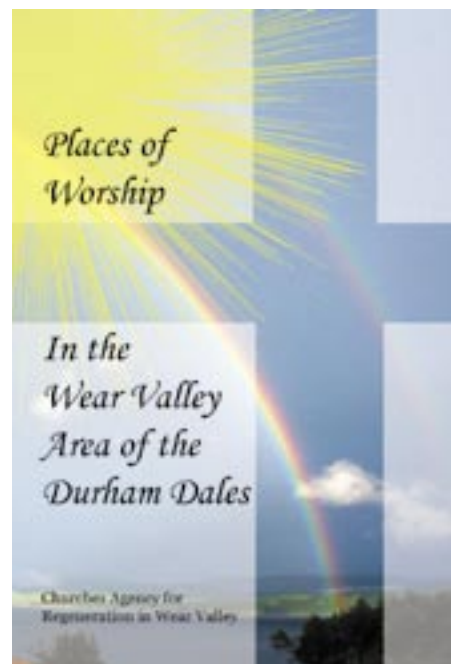
2D produced the booklet which aims to aid tourism and local knowledge with an up to date guide to the places of worship in the Wear Valley and surrounding areas.

Kirsty Hill, Marketing Officer at 2D says: "The booklet takes you on a journey into the many different sites of worship across the area. There are many wonderful buildings on this trail, some very old and some new. We hope local residents and visitors to the area will enjoy the journey and make use of the information within."

Mary Tribe, CARinWV Representative, adds "We hope to encourage visitors to our

churches many of which are of great interest and all of which serve their wider communities. Names of contacts, times of services and other details are included in the brochure in an 'easy to use' format. We are grateful for the hard work and cooperation which we have received from 2D in this project."

Copies of the brochure are available free to all churches for their own use due to the generous grant provided by the former Wear Valley District Council. Copies will also be made available to local residents and visitors through Tourist Information Offices, Libraries and other public outlets. The information will also soon be available online under the 'Community Buildings' section of 2D's website: www.2d.org.uk



Are you let down by your marketing activities, literature & brand image...?

A failure to properly communicate your message can hit you in terms of staff/volunteer time, funds and success.

- At this difficult time, some groups and organisations can struggle to find the resources to communicate their message with little or no budget.
- Any organisation wanting to take advantage of the digital age will need professional skills, resources, information and contacts.
- Whether the job is to lead a rallying cry for action, engage the community through consultation, develop a new brand identity or plan a social media campaign, we have the skills and the expertise in place...

We have over 7 years experience of producing a wide range print and promotional material for the local community. We work across a range of media to develop powerful and effective marketing and communications for your organisation/group/business. From web development to print design, logo design and brand development, newsletters and leaflets, brochures and annual reports, media relations, strategic planning, advertising and copywriting – 2D has the skills and the experience to provide a full communications service.

2D is not for profit and will be transparent in its pricing structure and will negotiate on your behalf with any partner agencies to ensure you get the best deal available.

We strive to create communications which are effective, powerful and beautiful. We want people to remember and cherish our communications, not ignore them.

To find out more about what we can do for you, give us a call 01388 762220

2D's Commitment to a Quality Service...



As part of 2D's ongoing commitment to strengthen its portfolio of quality accreditation, we are proud to announce our renewal of the National Association for Voluntary and Community Action (NAVCA) Quality Award.

In 2006 we were one of the first 6 members to achieve the rigorous quality award in England and Wales and the first in the country to successfully complete the renewal process.

The award recognises the impact & effectiveness of 2D in 5 key areas of voluntary & community service delivery;

- Supporting groups to identify need & improve service provision
- Assist groups to function more effectively
- Facilitate networking, communication and collaboration
- Enable third sector views to be represented
- Ensure the sector has an integral role in local planning and policy making.

2D achieved the renewal with an enhanced score demonstrating our commitment to continuous improvement.

Michele Armstrong Chief Executive Officer of 2D said " we are thrilled with this award because to achieve it organisations must demonstrate the quality and impact of their services. We went through a rigorous process that included an external audit and interviews with service users and stakeholders. The fact that we are the first to receive it in the country is also an achievement 2D should be proud of!"

The 6 Volunteer Centres in County Durham have been awarded 'Volunteer Centre Quality Accreditation' (VCQA) to recognise the fantastic service they provide to local Community & Voluntary groups.

They have been working in partnership towards Volunteering England's VCQA to ensure a co-ordinated approach to the delivery of Volunteer Centre services across the county.

The vision and ability of six Volunteer Centres to come together to achieve VCQA demonstrates the power of partnership to not only strengthen the work of individual Volunteer Centres, but ensure a uniform high standard of good practice.

Lindsay Wright, Development Manager for 2D, commented "The VCQA confirm that the Volunteer Centres in Co. Durham deliver a high quality service to individuals and groups."

To be able to achieve the quality mark the team needed to evidence the core functions of a Volunteer Centre outlined through six key areas of work including Brokerage, Marketing, Policy Response & Campaigning, Good Practice Development, Strategic Development and Supporting organisations to develop new opportunities.

Each Volunteer Centre will use the 'Volunteer Centres County Durham' branding but will continue to focus & operate in their locality that is the previous district council areas: 2D (Teesdale & Wear Valley), CAVOS (Sedgefield), Chester le Street CVS & Volunteer Bureau (Chester le Street), Derwentside CVS & Volunteer Centre (Derwentside), Durham City CVS & Volunteer Centre (Durham City) & East Durham Trust (Easington)

NEW! Children & Young People Small Grants Scheme for Teesdale...

2D are pleased to announce that the Teesdale Area Action Partnership (TAP) have launched another small grants scheme. This fund is to support local groups of Children and Young People (CYP) to develop new and innovative projects in Teesdale.

The groups of CYP need to be supported by an agency; however it aims to give CYP a real voice in decision making, enabling them to benefit from positive activities and hopefully improve relationships within communities.

CYP are involved in the management of the fund and will make the decisions on how the money is spent. They are supported by area Youth workers, TAP board members and staff from 2D.

2D are administering the TAP Children and Young People Small Grants Fund, Michele Armstrong CEO says "This is a great opportunity for local voluntary and community groups who work with Children & Young People as often it's the small amounts of money that can make the most difference. Plus it's encouraging to see the AAPs working closely with Voluntary & Community Sector and understanding the importance of smaller organisations."

Groups can apply for grants from between £50- £1500. Priority will be given to those applications that are clearly CYP led and that align with the priorities of the AAP and compliment the five outcomes for the Local Children's Board; Being Healthy, Being Safe, Enjoy and Achieve, Making a Positive Contribution, Achieving Economic Well Being. For more information or an application pack contact 2D on 01388 762220 e-mail: enquiries@2d.org.uk. Or visit www.2d.org.uk



2D Administrating AAP Small Grant Schemes...

Weardale Action Partnership (WAP) Small Grants Fund

The overall aim of the Small Grants Fund is to support local groups working within the WAP area. Groups can apply for grants from between £50- £1,000 depending on the criteria.

Three Towns Children and Young People Small Grant Fund

There are still funds available for groups working with children and young people in the Three Towns area; priority will be given to applications that align with the priorities of the AAP and also compliment elements of the 11 Key Improvement Priorities from the Local Children's Board. Groups can apply for funds up to £1000.

Teesdale Older People's (TOPS) Small Grants Fund

This grant is to support local groups/organisations working within the Teesdale Action Partnership (TAP) area who are improving the lives of local older people.

Groups can apply for grants from between £50- £1,500 depending on the criteria. For an application pack contact TVHC on 01833 696650 or email tops@teesdale.co.uk

For more information or an application pack on either of these funds contact 2D on 01388 762220 or visit the Area Action Partnerships Page at 2d.org.uk.

Help tomorrow take shape...



Census Day is Sunday 27th March

Fill in your questionnaire and the information gathered will be used to help shape local and national services for the next ten years – the more people in County Durham who return their census form, the closer the match those services will be to our needs.

The information you give in the census about yourself and your household is confidential and will only be used to produce statistics.

You can complete your census and return it in the post or you can do it online – however you choose – you must complete it – and return it as soon as possible after **Census Day on Sunday 27 March**.

Completing the census questionnaire is so important because the census could:

- help identify needs such as access to nursery places, after-school clubs and will help to plan school places for your children up to age 18
- highlight trends in journey times and destinations identifying areas where roads and public transport can be improved
- help local colleges decide what training it could provide to help you gain new skills
- help the Council and local health services to work together to make sure there are enough doctors, nurses and pharmacies near you.

Vetting and Barring Scheme (VBS) to be curtailed...

A scheme for vetting people who work or volunteer with children is to be significantly scaled back, the government has announced.

The controversial VBS required more than nine million people to register with the state & undergo criminal checks.

The move is part of the new Protections of Freedoms Bill, which includes proposals to merge the Criminal Records Bureau and Independent Safeguarding Authority into one "streamlined" checking service, and rules to prevent employers from requesting arbitrary criminal background checks on employees who do not require one for their job role.

Home secretary Theresa May suspended the VBS last June and launched a review into the process, which was originally introduced by the Labour government in response to the Soham schoolgirl murders.

The scheme had attracted criticism because it required those who had irregular contact with children – such as occasional volunteers or visiting school speakers – to be registered with and monitored by the Independent Safeguarding Authority.

Now only those who work "closely and regularly" with children and vulnerable adults, including teachers, will need to be vetted.

The Terms of Reference along with the full VBS review report, can be downloaded at: <http://www.homeoffice.gov.uk/crime/vetting-barring-scheme/>

For further information on the Vetting & Barring Scheme visit the ISA website: www.isa-gov.org.uk

If you have any questions regarding CRB checks please contact 2D on 01388 762220.

Environmental Training Course

For community groups and third sector organisations.

2D's Training Room, Unit 4, Crook Business Centre DL15 8QX, 9.30am-3.30pm Thursday 24th March. Lunch and refreshments provided.

Managing your organisations/community environmental impacts is a great opportunity to save money and raise awareness to a wider audience.

The course will cover the following topics:

- Climate Change impacts on communities in the North East
- Resource Efficiency – How to save energy, water, and reduce waste
- Renewable Energy
- Green Jobs Agenda
- Environmental Legislation
- Benefits of Environmental Management
- Help and assistance available including funding for environmental projects

Benefits of attending the course:

- Simple changes to save your organisation money.
- Keeps you up to date, and compliant with relevant environmental legislation and responsibilities.
- Form part of an environmental action plan for the community/organisation.
- Complies with the requirements of Investors in People criteria.
- Delegates can work out options to improve their organisations environmental performance and a chance to share ideas.

Book your place with 2D on 01388 762220 or email enquiries@2d.org.uk. Attendees will be given a certificate of attendance from Groundwork North East. There will be an opportunity to win energy saving devices!

Hate crime devalues our common humanity, but by common action we can beat it...Targeting people for what they are (e.g. black, gay, Muslim, transgender or a person with a disability) is termed 'hate crime'. It can cause great emotional suffering to the victims and their families. Hate crime also damages our wider community, focusing on differences rather than the many things we all share. This can cause harmful divisions within society.

Durham Constabulary will support and protect the most vulnerable people and groups within our communities and will pursue perpetrators of hate crime vigorously. To support this aim the Police employ Community Cohesion Officers across the force area.



I'm Neil Stonehouse and I am your local Community Cohesion Officer covering Wear Valley and Teesdale.

My job is to support victims of hate crime, raise awareness of the issues and consequences of hate crime and carry out work on education and prevention. I'm keen to make people aware of me and my message with the help of local voluntary and community organisations.

I am happy to talk to any groups or individuals. I'm based in Bishop Auckland Police Station but I can go anywhere within the patch, call me on 0345 6060 365 ext 673 2391 or email: neil.stonehouse@durham.pnn.police.uk.



Volunteers' Week is an annual event which celebrates the fantastic contribution that millions of volunteers make across the UK. The week plays a huge part in raising the profile of the volunteers who regularly contribute to society, while inspiring others to get involved too.

To highlight this contribution, there is a burst of activity during 1-7 June when organisations hold events and activities to highlight their volunteers and the volunteering they do. The Volunteer Centre at 2D want to help local groups say 'Thank You' to their Volunteers!

We can help groups acknowledge their volunteer's efforts, and provide tips on the best ways to reward volunteers for their contributions. This includes how to recruit and look after volunteers, free certificates and free publicity to help raise awareness of events/activities. For further information contact 2D on 01388 762220, visit www.2d.org.uk

Volunteering Opportunities

Give time to Arthritis Care... Do you have experience of living with arthritis? Would you like to improve services for people with arthritis? Or even lead courses and workshops to raise awareness locally?

Arthritis Care aims to benefit people with arthritis to promote their health, well-being and independence through services, support, self-help, information and influence.

Wear Valley Arthritis Care Volunteers meet up once a month, usually a Tuesday morning at the Four Clocks Centre in Bishop Auckland.

The Bishop Auckland group are in need of **Treasurers** to help out with end of year accounts. If you have accounting skills and experience it would be of a great benefit to their group.

They also need **Fundraisers**, as with all charities they need funds to help their service run effectively, without fundraisers this probably wouldn't happen! Can you spare a few hours a week/ month and have the experience or an interest in fundraising please get in touch!

If you would like to know more about these opportunities or any others, please contact your local Volunteer Centre at 2D on 01388 762220.

Development Officer for 2D, Lindsay Wright said:

“Volunteers should feel valued and respected, and showing your appreciation with a small event or gesture can really boost a volunteer's morale, self confidence and sense of self-worth.

I would also encourage anyone who is interested in volunteering to contact their local Volunteer Centre to find out more about the opportunities available. Volunteering is not just about giving; people get a lot out of it too. People benefit from the experience because they enjoy it, it offers them a new social life and they gain self-confidence. Many people also undertake training and qualifications and then move on to paid work.”

Calling all women!

Get your friends, family and colleagues together for a night out with a difference.

Following the success of the first Twilight Walk in 2010, Butterwick Hospice at Bishop Auckland presents its 2nd Twilight Walk. **The walk starts at 5pm, Saturday 21st May starting from Bishop Auckland College.** The route is approximately 6 miles and takes you along local bridleways, through countryside and through the grounds of Bishop Auckland Castle.

The sponsored walk will raise funds for Hospice Day Care at Bishop Auckland, Barnard Castle, Stanhope and Sedgfield, Palliative Home Care, Family and Bereavement Service, Multiple Sclerosis Aromatherapy Service, Heart Failure Support Group and Neurological Day Care. Patients and families can access these services free of charge.

The Butterwick Hospice at Bishop Auckland aims to improve the quality of life for those who have life-limiting illness and support their families. Every penny raised from our sponsored walk goes directly to patient care for your local community.

Entry fee is £12.50 and every walker will receive a special Twilight Walk t-shirt, refreshments along the way and a well deserved bacon sandwich at the finish line.



YOU can influence policy...

The Policy and Representation Partnership was set up in 2009, with the aim of helping the Voluntary and Community Sector to influence public policy.

Each year they research 6 policy topics, as they approach their third and final year they would like your help to decide the priorities which the Partnership should focus on, after a discussion at the Partnership Board and the Policy Forum a list of potential priorities have been developed.

They have now designed a survey which asks you to narrow down the suggestions to give the Partnership a clear picture of what the issues are affecting the VCS.

To allow them to evaluate their performance to date they have also added ques-

tions around their impact on policy making so far.

Information gathered from this report will be used to agree the policy themes and then gather expressions of interest from VCS organisations to deliver projects which will influence policy around the chosen topics.

The survey will take a few minutes to complete so please take the time to do so - <http://www.surveymonkey.com/s/7D77FH8> Deadline for completion of survey is Friday 25th March. For more information contact natalie.maidment@vonne.org.uk



“Volunteering has been a positive boost at a time in my life when I really needed it.”



Helen Ryder from Evenwood (left) is one of the latest success stories of people benefiting from volunteering. Helen was interested in becoming a volunteer to ease herself back into work

after being out of work for a long period of time.

How did you start volunteering?

“I felt quite low and lacked confidence in myself but I wanted something to change. My daughter is now at school I was thinking about getting a job but the idea terrified me. To say I lacked confidence is an understatement.”

I built up the courage to register my interest in volunteering through the ‘Do-it’ website which put me in touch with the 2D Volunteer Centre”.

Rachel, Development Support Worker at 2D met with Helen and recognised she needed some extra support to help her with her journey through volunteering. Helen was introduced to 2D’s Mentoring Advisor James Deacon-Brown.

They developed an action plan together looking at short term and long term goals. This started with James supporting Helen through day to day activities that made Helen feel anxious such as getting on a bus.

Helen was keen to tackle her anxieties head on and soon began overcoming barriers which prevented her leading a happy working life. James found a suitable voluntary placement with Bowes Museum preparing activities for school children group visits.

How has volunteering helped you?

“Volunteering has been a positive boost at a time in my life when I really needed it.”

James has been brilliant in helping me take small steps in the right direction. It’s helped me build my confidence, giving me self belief and helping me move on in my life.

Volunteering has given me the ability to work in a team and to get involved in a work environment again. Above all, it is giving me work experience to put on my CV and to talk about in interviews.”

Would you like to volunteer at Bowes Museum?

They are looking for a **Market Research Volunteer**.

Main Duties: Researching address & contact details for various identified groups, collating information into spreadsheets, sorting data into particular categories, potential work in all aspect of the project

Person Specification: Friendly personality, basic computer / excel skills, ability to use internet, ability to work on own within a shared office. If you would like to find out more about what volunteering can do for you, contact 2D on 01388 762220 or visit www.2d.org.uk

Children, Youth & Family Participation

Awards event to honour work of young people...

The Three Towns Area Action Partnership and 2D have had an overwhelming response from people nominating inspiring young people who have achieved great things in their local community.

51 people in total were nominated for The Three Towns Youth Forum Awards Ceremony, organised by the 3 Towns Youth Forum. The event takes place at Crook Golf Club on Friday 18 March. And 30 people have been shortlisted to receive an award. The awards are a chance to say a big well done to some amazing individuals and groups of young people aged 11 to 19 who live in Crook, Willington, Tow Law or the surrounding villages.

Due to the high standard of nominations from across the 3 Towns area this was a long and difficult task carried out by a panel of young people and adults working together. The shortlisting panel consisted of 4 members from the 3 Towns Youth Forum: Matthew Burdess, Alisha Oakden, Stephanie Whitfield and Karl O’Brien. They were joined by Bill Niblo, Chair of the Local Children’s Board, Claire Young, Parkside School’s Extended Services Co-ordinator and 3 members from the 3 Towns AAP board- John Winter, Maureen Stanton and John Bailey.

Matthew Burdess, aged 15 and member of the 3 Towns Youth Forum said “It’s been an honour to work with so many people from different organisations. The adults have really welcomed us and listened so thank you.”

Robert Fothergill Participation Worker for 2D, said: “The idea for the Three Towns Youth Forum Awards came about because we witness some of the tremendous activities young people carry out within our community which often go unrecognised.”

There are nine categories in the 2011 Youth Awards- Hero Award, Teamwork, Young Carer, Green Champion, Helping Other People, Arts Achievement, Help in the Community, Young Person’s Choice Award and a Wildcard Award.

The event is invitation only, however for further information contact 2D on 01388 762220 or the Three Towns Partnership on 01388 765555 Ext 297





Reference Group News...

The Dales Reference Group has been established to ensure that children, young people and their parents or carers have opportunity to influence decisions that affect them in the Durham Dales area and across County Durham. The group reports directly to the Dales Local Children's Board and also to the Area Action Partnerships in the Dales area. Sub-sections of the young people's Reference Group meet in the 4 local areas: Teesdale, Three Towns, Weardale and Bishop Auckland and Shildon, with the parent group meeting monthly for the whole area.

At the moment these groups are working on:

Weardale – the impact of alcohol on young people. They are currently meeting with PC Mick Urwin to look at a potential alcohol commission including young people on the discussion panel. They have also just written to the education department with their concerns over the possible removal of free school transport.

Teesdale – working on the impact of low self-esteem on primary school children and also working with the Teesdale Area Action Partnership on some inter-generational work on tourism in Teesdale, with a

To become part of the Reference Group, or to work with them on any issues, there are several options: telephone 2D on 01388 762220, e-mail r.fothergill@2d.org.uk

particular focus on open farms for visitors to recognise and celebrate the rural nature of the dale.

Bishop area – working with BATH to produce a series of short radio adverts to promote road safety for children and drivers. These will be played on Bishop FM and hopefully other local radio stations.

3 Towns area – focusing mainly on the Youth Awards Night but also seeing the sexual health advice leaflet finally ready for printing

Parents/Carers in the Durham Dales meet together for one joint monthly meeting but link out to their local communities through Children's Centre parent forums and parent groups linked to the schools. One elected member attends each of the Local Children's Board meetings and feeds directly into the decision making process. Three parents also engaged in one of the Board's events to look at emotional well-being for children and young people. A Facebook profile is also set up for adults only through which parents/carers can engage.

The Crook & Willington Play Project Awarded Investing In Children Status!

Investing in Children (IiC) is concerned with the human rights of children and young people. In particular, IiC works to ensure that children & young people have a voice and are able to influence the services they use.

To achieve this status a representative from IiC visits the project and interviews a number of children and young people who access the service. From their findings they determine whether the project meets this criteria.

The play project was awarded the status for demonstrating that the children and young people who access the service 'have been involved in dialogue' and 'change has come about as a result'.

The Crook and Willington Play Project would like to say a big thank you to all the children and young people who gave feedback which resulted in the project being awarded Investing in Children status.

Strengthening Families!

Being a parent constantly throws up challenges & rewards and is the most important job you will ever do!

The Play Project will be assisting with the 'Strengthening Families' programme which is a free, informal and relaxed way to learn and try out new skills!

For parents of children aged 8-11 years, it's every Thursday 1pm-3pm, at St Catherine's Community Centre, Market Place, Crook. For more information contact Julie, your school PSA (Parent Support Adviser) on 07825 341 243

In other news...

The 12 week "Confidence and Self Esteem" programmes that Play Workers Michael and Richard have been running in Crook and Willington Primary Schools have come to an end.

The programmes have both been very successful, with 100% of the children from Willington Primary who accessed the programme recommending it to other children and stating that their confidence has grown during the last 12 weeks. Full evaluations from both schools will be released shortly.





contact us...

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e-mail: enquiries@2d.org.uk

web: www.2d.org.uk

2D is proud to be a member of NAVCA, Volunteering England and NCVO. 2D has also achieved the NAVCA Quality Award and Volunteering England Quality and MATRIX Accreditation Company no: 3753635 Charity no: 1085048

We welcome your views on this magazine & the services we provide, as this can help us make improvements.

Our staff do everything they can to make sure you are treated properly & promptly, if you have a compliment, comment or suggestion to make, please let us know. Either contact us on the above or fill out this form, post it & we will get back to you.



Name:

Tel no: E-mail address:.....

Your address:.....

What do you want to tell us about?

.....

.....

.....



FREEPOST RLSJ-XXRE-UHBE
 2D (Support for the Voluntary and Community
 Sector of Teesdale and Wear Valley)
 Unit 4 - Crook Business Centre
 New Road
 CROOK
 DL15 8QE



What do you want 2Do...?

Thank you for reading our magazine.
Please get in touch with us if you require any further information or to make use of any of our following services on offer to you...

Please tick:

- Organisational Health Check (p.1)
- Funding Advice, (including small grants p.4)
- Volunteering (p.8-10)
- Children and Young People Services (p.11-14)
- Parent and Carer Services (p.12)
- Conference/ Training Facilities
- Office Services (Photocopying, Laminating etc.)
- Resources to hire (Display Boards, IT Equipment, Nintendo Wii and Games etc. See website for more)

And our latest services:

- Marketing Communications Service (p.2)
- Print or Promotional Materials
- Personalised Stationery*

Tear off this sheet and pop it in the post to the freepost address on the reverse or tel: 01388 762220 email: enquiries@2d.org.uk

Please tell us your:

Name: _____

Group. Organisation (if relevant): _____

Contact telephone or email: _____